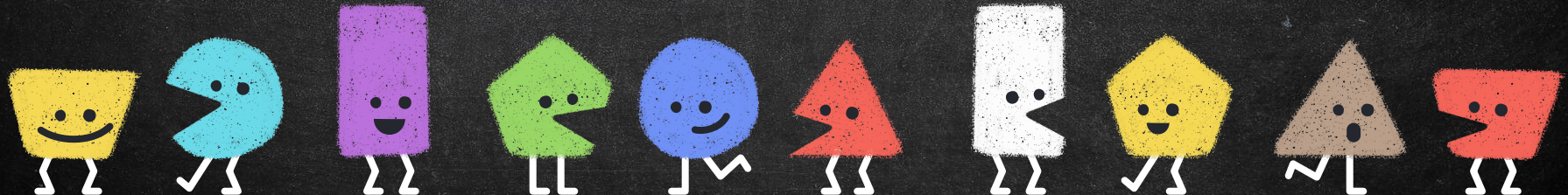


Welcome! As you arrive,
please **sign in** and **pick a**
postcard that best
describes your week.

I sacrifice for my kids every day.

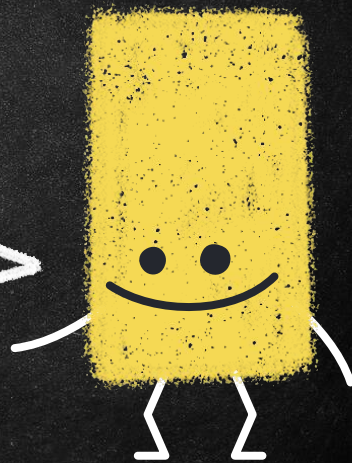
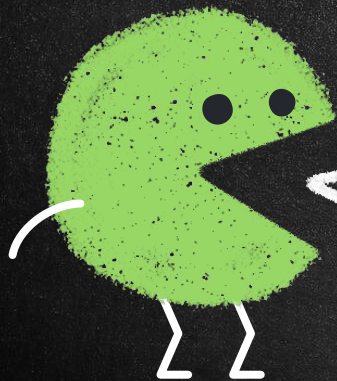
Today, I even ate the last cookie so they didn't have to fight over it.

(You will return the postcard to the table at the end of the session)



PEER CONFLICT

GUIDING OUR CHILDREN THROUGH
TOUGH SITUATIONS



EES STUDENT SUPPORT TEAM



Susan Astary
School Psychologist



Stephanie Dine
School Counselor
(K, 3, 4)



Angie Szalecki
School Counselor
(1, 2, 5)

AGENDA

Defining Peer Conflict

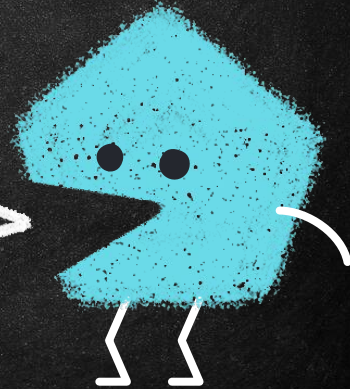
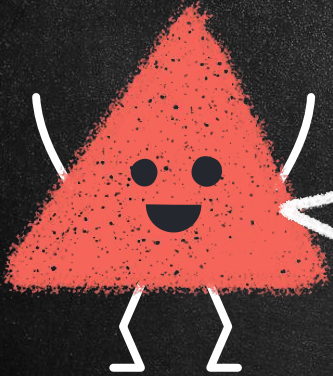
Mean or Rude?

Defining Bullying: PIC Criteria

How to help your child

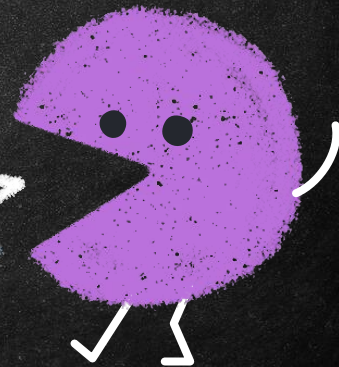
How do we help?

Questions



DEFINING CONFLICT

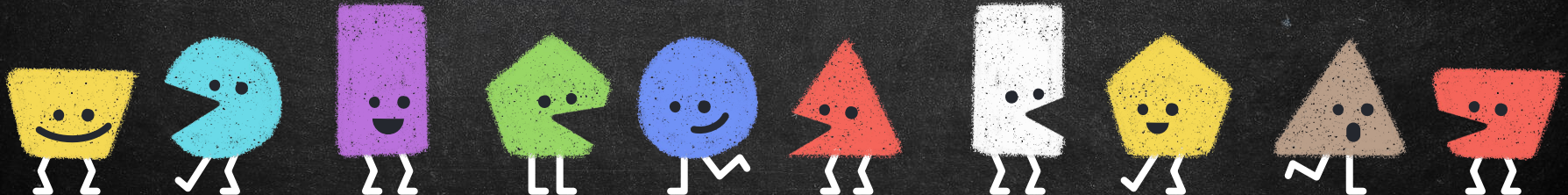
A disagreement or argument in which both sides express their views. Conflict and disagreements are a natural part of human relationships. Expressing different needs and wants can easily lead children into conflict with each other.



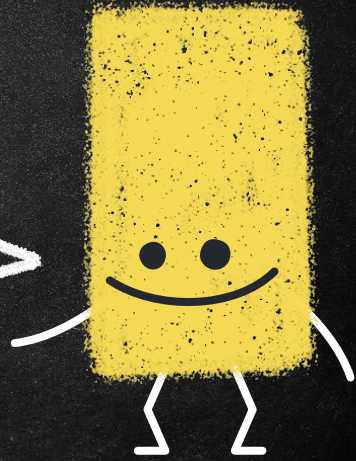
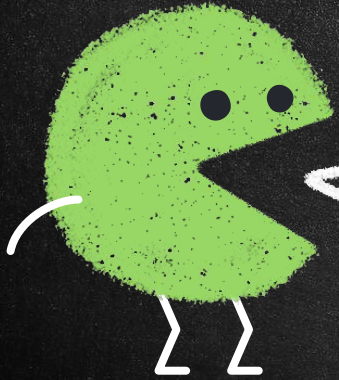


WHAT DO WE SEE AT EES?

- Misunderstandings
- Disagreements
- Feeling left out
- Friendship issues



HOW DO WE
TEACH CONFLICT
RESOLUTION?



STEP 1

BE A PROBLEM SOLVER

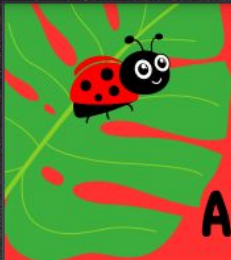
How can you solve this problem?

Did you ask the person to stop?

Could you walk away or ignore them?

Could you talk it out?





Are you a friendly Ladybug? The DEBUG system

D- Decide to ignore

E- Exit and Move Away

B- Be Calm and use Friendly words
(say "Please, Stop")

U- Use Firm words (say "I dont like
that")

G- Get Adult Help



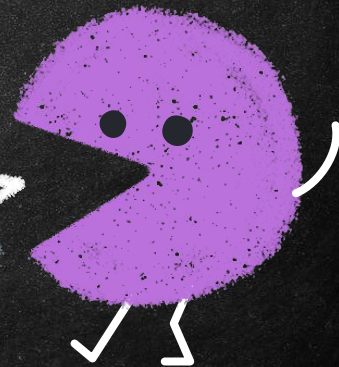
STEP 2
USE I-MESSAGE

I feel _____

When you _____

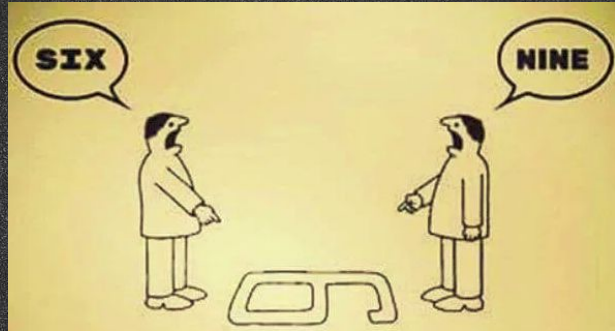
Because _____

Can you please _____

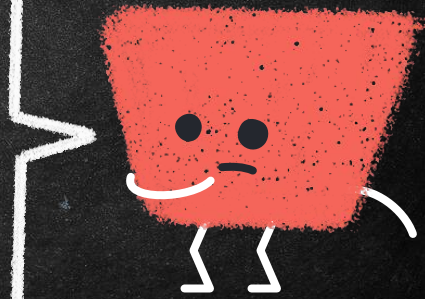


STEP 3

LISTEN TO THEIR THOUGHTS, FEELINGS, AND IDEAS

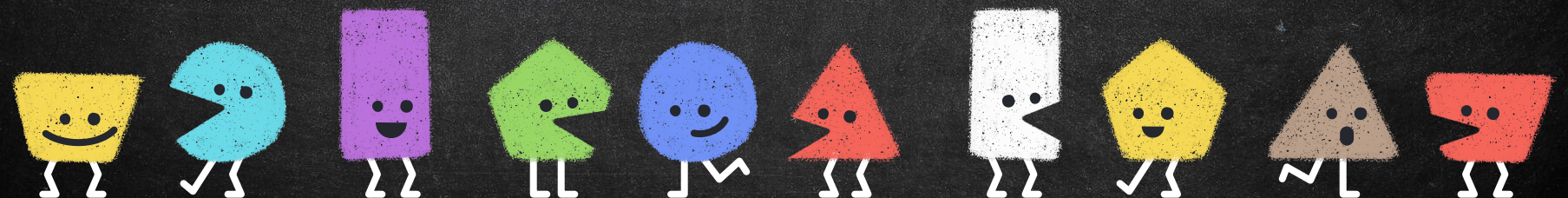


Just because you are right,
does not mean, I am wrong.
You just haven't seen life
from my side.

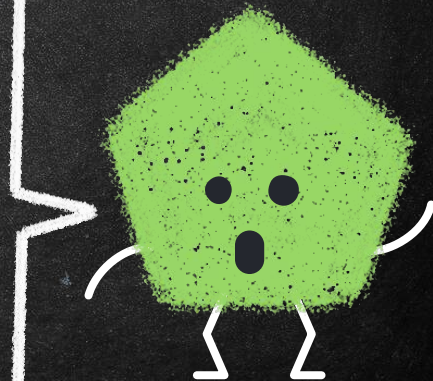


STEP 4 COMPROMISE

- Take Turns
- Combine Ideas
- Choose a New Idea



STEP 5
BUILD AN APOLOGY



MEAN OR RUDE OR BULLYING

→ Mean

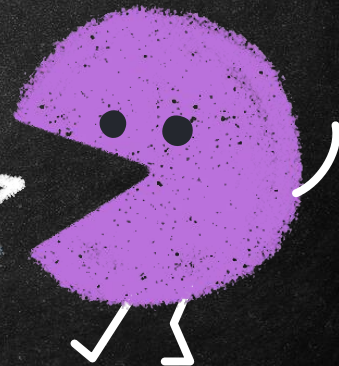
- intentional

→ Rude

- unintentional

→ Bullying (PIC)

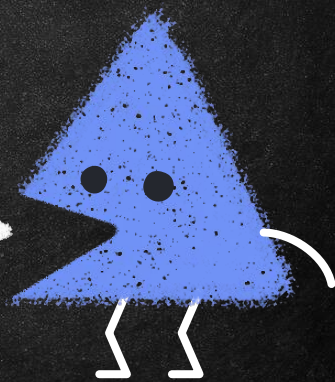
- Purposeful
- Imbalance of power
- Continuous



IMBALANCE OF POWER

Power is perceived.

One student may be better at sports, making friends, academics, or any other of the many ways children distinguish who may be “better” or “cooler” than others. Having nicer things or going on nicer vacations can also divide peers. Being in GT classes has also been used as a way to show power over others.



SCENARIOS: IS IT CONFLICT OR BULLYING?

Sally thinks Jane is “uncool” and makes a group chat named “How to Bully Jane”

Bullying

John called Sam dumb while playing basketball in PE. Sam threw the ball at John’s head.

Conflict

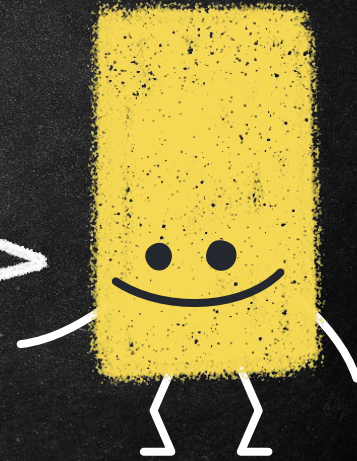
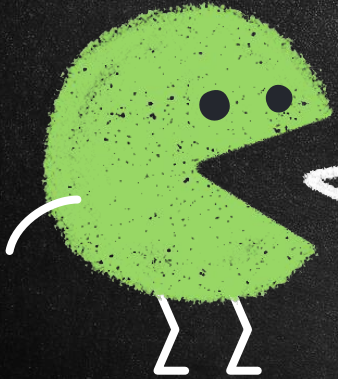
Everyday, Katie and Dylan won’t let Eric play at recess because Eric isn’t in GT math.

Bullying



HOW CAN YOU HELP?

- ★ Listen calmly
- ★ Ask open ended questions
- ★ Go through the conflict resolution steps
- ★ Have them pick a solution that they feel comfortable trying out
- ★ If they are unable to work out the conflict on their own, help them reach out to their teacher or counselor for help in resolving the conflict

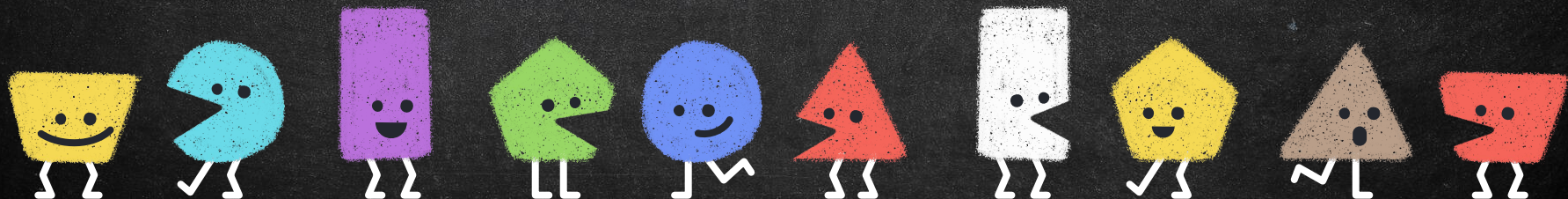


WHAT TO AVOID...

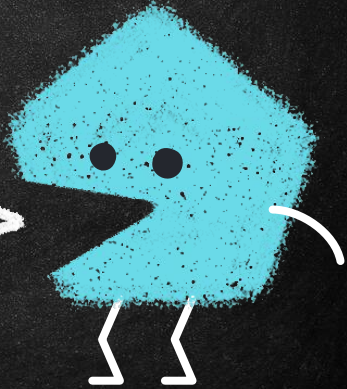
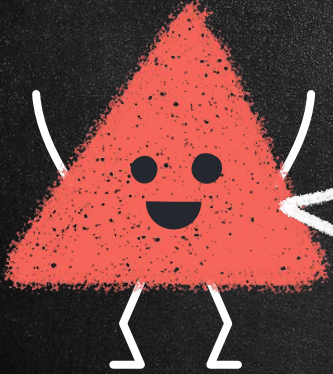
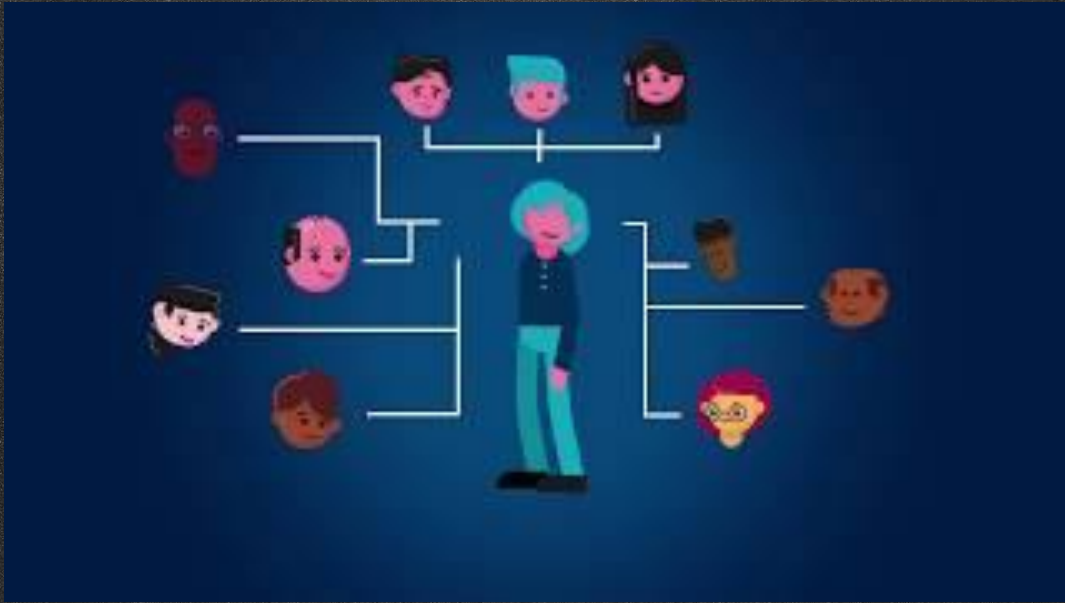
- Checking in on the situation every day
- “What did Susie do to you today?”
- “Did Johnny do anything bad to you today?”

WHAT TO TRY...

- “What was great about today?”
- “Did you have any challenges?”
- “What else could you try?”



WHAT IS RESTORATIVE PRACTICES (RP)?

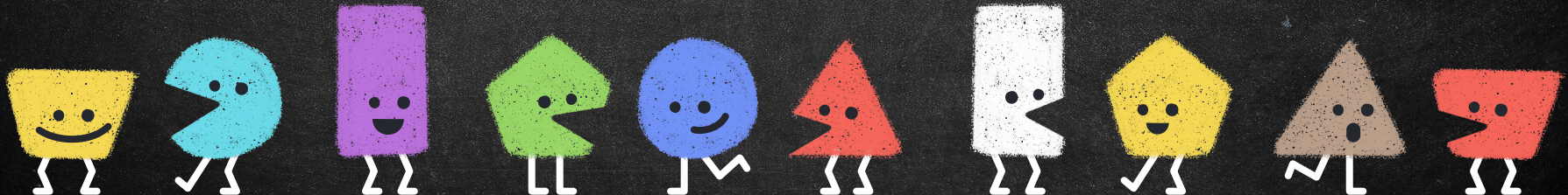


**KEY
ELEMENTS OF
RESTORATIVE
PRACTICES**

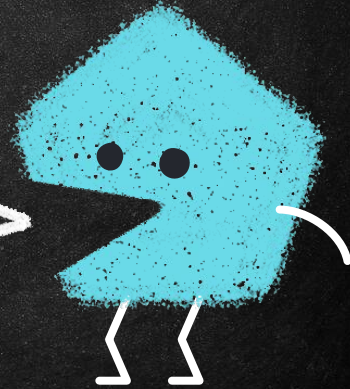
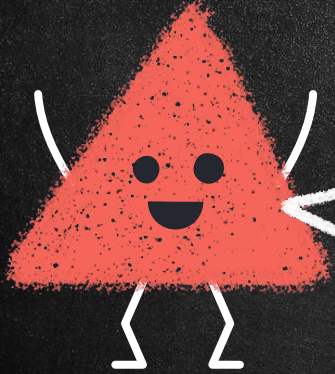


WHAT DOES THIS LOOK LIKE AT EES?

- Community circles (whole-class)
- Understanding and addressing harm in situations involving peer conflict (individual)



WHAT CAN
RESTORATIVE
PRACTICES LOOK LIKE
AT HOME?



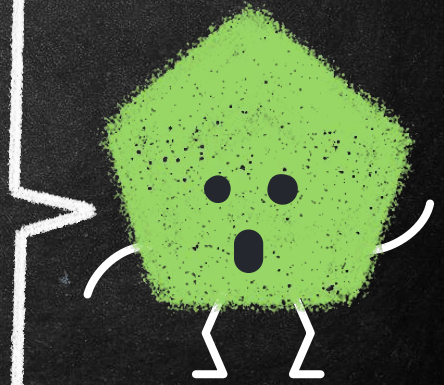
WAYS TO BE RESTORATIVE AT HOME

Family
Respect
Agreement
Example

Family Circles
How to Conduct a Family Circle at Home
Sample Questions for a Family Circle

Restorative
Conversations
Sample Guide

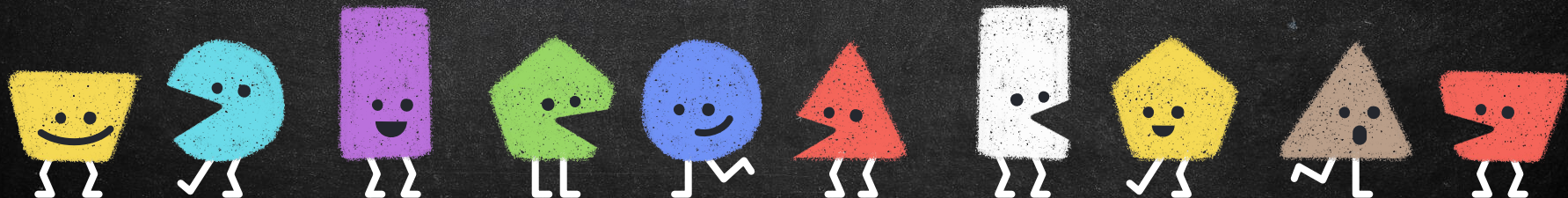
Sample questions obtained from:
<https://drive.google.com/file/d/1E9710e7ZYJIZzFBnXjhVbdaxKbGnfnHh/view>



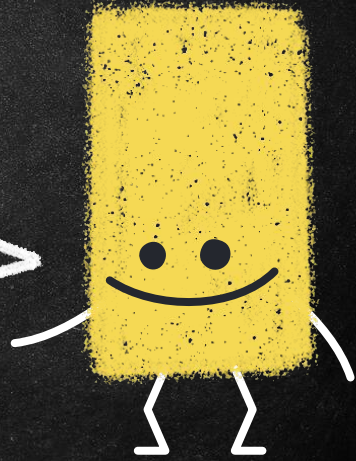
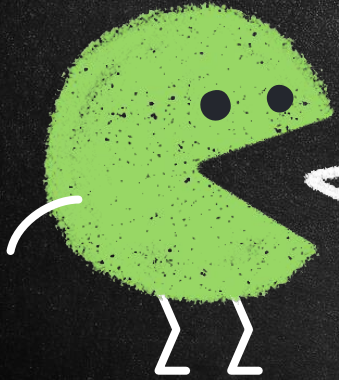
THINK, PAIR, SHARE

*Think of a time when someone has responded to you in a **blaming** manner when you have made a mistake. What effect did this response have on you?

*Now...Reflect upon a time when someone has responded in a **relational** manner. What effect did this response have on you?

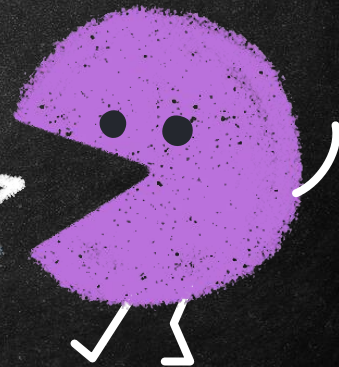
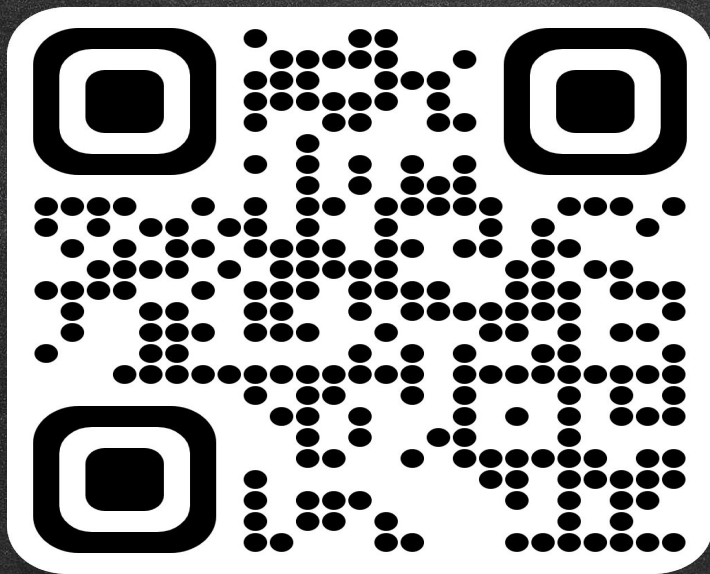


SHARE ONE
PARENTING WIN
YOU'VE HAD THIS
WEEK!





PLEASE LEAVE US FEEDBACK
ON TODAY'S SESSION



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Franklin-Burleson, A. (2020). *Promoting Positive Relationships at Home*. Texas Education Agency.

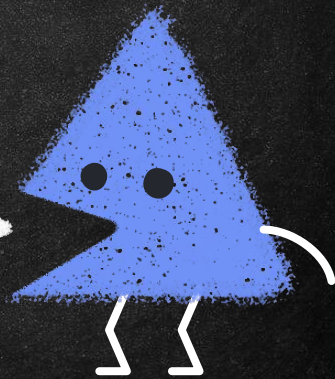
<https://tea.texas.gov/texas-schools/health-safety-discipline/promotingpositive-restorativereationshipsathome-lesson1respectagreement.pdf>

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<https://tea.texas.gov/texas-schools/health-safety-discipline/promotingpositive-restorativereationshipsathome-lesson2talkingpieceandcircle.pdf>

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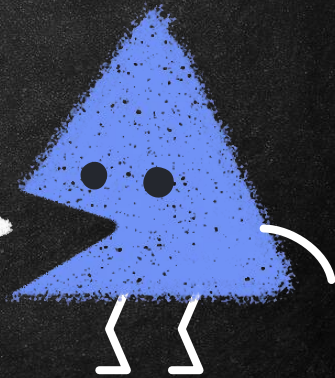
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https://www.iirp.edu/images/pdf/Defining-Restorative_Nov-2016.pdf

